

# Edgcumbe Presbyterian Church

## Midweek Update

June 28, 2023

In this issue: Judge Not, Worship Schedule, Next Up: Burdock, June Mission, Food Shelf, Birthdays & Anniversaries, Lynn Wolf

## Life Beyond Worry & Judgment

One of the things I (Phil) love about reading the Bible with an open mind is encountering things that seem completely impossible with a new lens. Check out these three sentences from Jesus' Sermon on the Mount in Matthew 5-7:

*Therefore, stop worrying about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own. Don't judge, so that you won't be judged.*

That is just crazy talk, right? Stop worrying completely? Impossible! Let tomorrow worry about itself? Irresponsible! Living one day at a time? That's for addicts! (=) Not judging AT ALL? What would I do with all the extra time???

In worship on Sunday, we remembered that God's first and only suggestion to newly created humanity was this: Eat your fill of everything in this beautiful garden, but do not eat of the Tree of the Knowledge of Good and Evil. So simple: don't judge and you will be satisfied and happy.

My invitation to you right now is take one thing you worry about in your life—an upcoming decision, your children, EPC, your health, whatever comes to your mind—and try out the Jesus way. For the next minute/hour/day, do not worry about it or bring any judgment to it. Just let it be. Allow the Holy Spirit to hold it, which brings peace, only peace.

## Up-coming Worship Schedule

- This Sunday, July 2 - Indoor worship & Communion
- Sunday, July 9 - Outdoor worship including service of remembrance for Carol Scheickhardt





## Next Invasive: Burdock

The next area of focus on invasive removal in our Backwoods will be on **burdock** (see photo) because these plants are expanding their leaf girth, and have not-as of yet-formed their thistles. These are a bit more rigorous to extract, involving a shovel straight down along their singular thick taproot, and removing the plant. If you could joyfully join the process, please connect with Pastor Luna about finding a time to meet! So grateful for everyone's help!! 🙏

## June Mission

The June mission is Plaster House where the Eggerts volunteered for 7 years, Ingrid as a teacher and Ron as a doctor. Plaster House provides outreach, preoperative care, surgery and postoperative care and rehabilitation for children with cleft lip/palate, hydrocephalus, spina bifida, skeletal fluorosis, club foot, burn scar contracture and osteomyelitis. Over 1000 children were cared for in 2022 for free.



# The Plaster House

## Food Shelf Request

Mission has restocked the Edgumbe food shelf. Please visit the food shelf and leave extra non-perishable items and take items that are needed. If we know of family members or community members that are in need of food and fellowship there are bags available. Thanks for being a blessing to our neighbors 🙏 ❤️!

## July Birthdays and Anniversaries

Happy Birthday to:

Happy Anniversary to:

## Greetings from Lynn Wolf

I (Phil) visited Lynn this week at her apartment in Arden Hills. She was in good spirits and we took a walk near Lake Johanna. She sends her greetings to you all. Here's a photo of us.

