

Edgcumbe

Presbyterian Church

Midweek Update

April 24, 2024



In this issue: psalm 23 reflections in haiku, Todd Barnes memorial, Mission Partner: HPHS Mental Health Team & IB testing, Clothing & Pie

psalm 23, inspired by elder connie...

this past week has been very full for me, so only this morning did i read last week's midweek email. i laughed in joy when i got to the end and began reading through connie's session report in haiku!! so, being now inspired, let's see what i mischief can happen here:

i am just tickled
this community of depth
knows the joy of play
💖💙💛

we are reminded
anchored in psalm 23
god is our shepherd

god invites us to
lie down in the green meadows,
rest on the mother

god leads us beside
still waters, and as we breathe,
our souls are restored

throughout the ages
our loving god has been our
forest companion

now, you, in this day
the invitation calls out—
rest in loving god

asking honesty—
am i willing to be led?
our part is consent

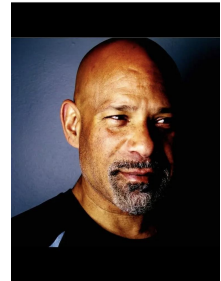
we say yes! to the
good shepherd throughout our day
coming home, each time

holding each of you in love!! baaaaaaaah!

holy spirit, in this holy moment, you be in charge
and we will follow you, trusting that your direction leads to peace.

Rest in Peace, Todd Barnes

We continue to give ourselves and the community places to celebrate and grieve and process and trust, following the death of Todd on April 7. The official memorial service for Todd is still scheduled for the afternoon of Saturday, May 11, in the EPC Backwoods. Stay tuned for more details.



April Mission

Our April Mission focus is supporting the Mental Health team of HPHS in as they address and support the mental health wellbeing of the students and staff. They want to create opportunities for both staff and students to bring more awareness, decrease stigma and increase knowledge of mental health and mental health supports. Some ideas that the team have thought of but are limited by funding include: therapy animals/Paws for Healing, affirmation aromatherapy or self-care packs, and in-building staff yoga or mini massage therapy sessions. The Mission monies raised in April will be given to the Mental Health Team of HPHS for their on-going support of the community. Please consider contributing to April's Mission focus to provide support and care to our neighbors at HPHS!

Exam proctors needed for Highland Park Sr High School

Here's another great opportunity to support our High School Neighbors. Volunteer proctors are needed for the upcoming IB (International Baccalaureate) DP (Diploma Programme) Exams. Exam dates are from April 25 through May 15. All testing is done at the High School (next door to EPC). Each Exam session is from 3 to 3.5 hours long (either the morning or the afternoon). You do not need to know anything about the subject matter of the exams to be a proctor. Please consider signing up for one or more time slots. Sign up instructions are below. If you have any questions about this, please contact us. Rich and Liz (Irschiferl@gmail.com).

- 1) Click this link to see the SignUp! options: <https://signup.com/go/mpxqSdS>
- 2) Review the options listed and choose the spot(s) you like. (One or more.)

3) Sign up! It's Easy - you will NOT need to register an account or password on SignUp.

Clothing Exchange and Pie Social – SIGN UP NOW

Attached to this Update is the flyer for the May 3 & 4 events at church. Please feel free to share widely. Anyone who is available, please join me, Phil, to canvas the church neighborhood with flyers.

Volunteers, Pies and Clothing Display Items Needed for Our Community Clothing Exchange Event

Our event is coming up soon and clothing is starting to accumulate! We have some specific needs beyond the clothing to also help make this event a success. Our current needs are:



Volunteers Needed: On May 2, we are in need of people

to set up. On May 3 & 4, we will need people to assist shoppers and help keep the shopping area tidy, and for people to assist with the pie and ice social. We have created an online volunteer sign up which can be accessed here:

<https://www.signupgenius.com/go/30E0F4BACAE29A0F94-48980397-community>. The incentive to volunteer – you get to walk away with as many free items that you want!



Pies Needed: Donations of pies are needed for the pie socials on both days. You can sign up to bring a pie on the same link above for volunteer sign ups.

Clothing Display Items Needed: For the shopping days we will need some clothing racks for clothing that is better hung, and some laundry baskets for putting things like socks, purses, etc. in. We will put a label on all borrowed items with your name on it and will return the items as soon as the sale is over. Please bring clothing display items to the church by May 2