

Edgcumbe Presbyterian Church,

Midweek Update – July 12, 2017

Welcome from Angelie Ryah

Was anyone else intrigued by Pastor Julie's sermon this past Sunday, and the conversation around what it might look like to be child-like in our relationship with God? What an interesting, challenging, winsome question. We know God is a good parent, yet it is still sometimes hard to relax into being a child. This coming Sunday we will continue that direction of intrigue as we consider the heady notion of "self-care" and we practice asking each other what we need but rarely allow ourselves. Hope to see you there.

Pastors' July Vacation Time

Pastors Julie and Phil are on vacation until July 24, They are visiting Phil's mom in Michigan after her knee replacement surgery and doing some camping around Minnesota.

While the Pastors are gone we are having two preachers from our congregation: Angelie Ryah on July 16 and Fred Clary on July 23. Angelie will also lead a time for group conversation around practical ways we can help each other walk toward rhythms of health that are hard to do on our own after worship on Sunday, July 23.

Project Home Mission Opportunity

Project Home Volunteers Needed – July 21 & 22!

Parents of Youth: Please check your email and get back to Eleta as soon as possible about your youth volunteering on July 21, from 5:30-8:30 pm, and the possibility of doing the overnight shift.

All EPC Members: We are still in need of volunteers for the July 22 evening shift (5:30-8:30 pm), and the overnight shift (8:00 pm to 9:00 a.m.)

Individuals, couples and families can volunteer. This is also a segue into the all-church service project for the homeless that we will do this fall. Eleta will be present both evenings to get you started on your shift. If you are willing to volunteer, or have any questions, please contact Eleta directly (eleta.pierce@gmail.com or [612-719-0758](tel:612-719-0758)).

Giving Statements

Six-month contribution reports for donors are available for pick-up in the Narthex on Sunday. Please help us save postage and take yours home with you. Please take a few minutes to check your statement and let Lois know of any questions, changes or corrections.

More Outdoor Worship Services coming soon

Please think about inviting your friends and neighbors with fur-babies to our Pet Blessing Worship Service on August 6! What an easy way to introduce your peeps to the warmth of our Edgcumbe church family. There just might be ice cream following the service..

Sunday, September 3, will also be an Outdoor Worship Service, followed by a Potluck Pinic. Plan now to attend and bring a friend!

It's Shopping Time!

Announcements from Pastor Julie: the great news is that our our food shelves in the narthex have been used and are now completely depleted over the past few weeks! we are so happy to be able to offer this food to those individuals who need some extra help. if you can, would you be willing to bring in some items to restock the shelves? here is an list i found of healthy and helpful items which might help shape your donations:

The best non-perishable foods to donate:

1. canned beans
2. dry beans
3. peanut butter, or other nut butters
4. rolled oats
5. canned fruit in juice, not in light or heavy syrup
6. canned vegetables, with no or low-sodium
7. low-sodium soups
8. canned tuna in water
9. canned chicken
10. brown rice
11. quinoa
12. nuts, unsalted
13. seeds, unsalted
14. shelf stable milk and milk substitutes
15. whole grain pasta
16. low-sodium pasta sauce
17. popcorn kernels (not microwave popcorn)
18. canned stews

19. unsweetened apple sauce
20. whole grain, low-sugar cold cereals
21. olive or canola oil
22. canned tomatoes
23. dried fruits, no sugar added
24. honey
25. chicken, beef and vegetable broths and broth

School Tools 2017

We asked Highland Park High School for a list of items that would be helpful for the Highland Park High School community, and this was the reply:

Thank you so much for your support of HPSH staff and students!

Boxes of tissues are always a huge hit! In addition to tissues:

- #2 pencils
- white board markers
- Pens
- Notebooks
- backpacks
- hand sanitizer
- tissues

If you would like to contribute to the School Tools program this year, we will begin collection at EPC August 6th, and each following Sunday, with the dedication on Sunday, August 27. Contact Pastor Julie with any questions.

Have a wonderful week!

Lois Glewwe, Administrator