

Edgcumbe Presbyterian Church, Midweek Update – August 9, 2017

FAITH PRACTICE: I AM SPIRIT

Today's idea identifies you with your truest self. It accepts to split identity, nor tries to weave opposing factors into unity. It simply expresses the truth. The Holy Spirit will gladly accept one minute of each hour from your hands and use that time to replace all pain and misery with healing and love. Take one minute each hour of your day to say the following truth about yourself:

I am spirit, free of all limits, safe and healed and whole.

The Holy Spirit will take your gift of prayer and apply it a hundredfold in your life and in the world.

WORSHIP THIS SUNDAY, AUGUST 13

Oh we had fun at our Pet Blessing ceremony last Sunday. Then we had more fun at the graduation party for Josh LeClair. Thank you to everyone who helped make it a great day! This Sunday we explore what it means to Step Out of the Boat. Take a look at Matthew 14:22-33.

TWO WAYS TO GIVE THIS MONTH

School Tools & Food Shelf.... We are continuing to collect donations to Highland Park High School for this fall's School Tools Drive. A shopping list is attached. Donations can be placed on the big table right outside the sanctuary and shopping lists are also available there. We are also collecting food for our own food shelf. A list of Julie's suggestions for what is needed is attached this week and the list is also on the big table.

CONTEMPLATIVE PRAYER ON TUESDAYS

Our meditative prayer group continues to meet each Tuesday at 3pm in the sanctuary. Feeling frazzled or overwhelmed or just in need of some quiet space? Join the circle of silence and support.

PRAYERS

- Prayers of gratitude for **Lydia GebbenGreen**, who is doing great after some scares last week. It turns out that her "seizure" was actually a good old fainting spell, with no connection to her brain tumor, which remains stable and dormant.
- Please keep Eleta's father, **Montell Pierce**, in your prayers. Montell entered the U of M Medical Center today and will be there for the next 5-6 weeks to undergo stem cell/bone marrow therapy for a second time, in an attempt to put the leukemia into remission. Please also keep his sister, **Nancy**, in your prayers as she undergoes a procedure to donate her bone marrow to him, and also keep his wife, **Terry** and their family in your prayers as they navigate the next few weeks.

[If you have other prayers for this list, please feel free to email Pastor Phil (pastorphil@epchurch.org) early in the week and we'll get it in.]

Peace to you today! Pastor Phil