

# Edgcumbe Presbyterian Church, Midweek Update – October 4, 2017

## FAITH PRACTICE: PERSONAL PRINCIPLES

In his message this past Sunday, Todd Barnes said that when we are caught up in God's purpose for our lives, then we can live by our principles, rather than reinventing ourselves each time a crisis arises. Todd then gave a beautiful list of his own life principles. If you read them, you can see that they are actually promises that Todd is making to himself: "I will..." statements.

- I will cast my cares to God
- I will enjoy every day
- I will take one second, one minute, one hour, one day at a time
- I understand that God will either remove any problem I have, or give me the strength to get through any challenge I encounter
- I will start from a place of love, grace, mercy and forgiveness with myself and my fellows
- I will understand that I am a most revered, protected, and loved child of the Most-High God
- I will understand that I have the royal blood of the Great I Am running through my veins
- I will stand in wonder, not in judgement
- I will spread love and joy in all my affairs
- I will keep things right-sized
- I will seize my miracle-making ability as demonstrated by the Apostles in the Book of Acts

What do you promise your self when you are caught up in the beauty and love of God? Do you have the courage to write them down, thus making them that much more real and powerful? Give it a try. Borrow a few of Todd's and then add a few of your own; or start from scratch. Write them down as "I will..." statements and then say them out loud to yourself. Repeat as necessary.

## ALL-CHURCH MISSION PROJECT & WORLD COMMUNION SUNDAY

The Sunday is finally here to assemble the care package bags for panhandlers and homeless folk. This Sunday at 10am, we will gather for worship, sitting in the pews. After communion, we will gather at the front of the sanctuary to assemble the bags together. After announcements and a song, we will fellowship with provided food in the narthex (in other words, this is NOT a potluck Sunday). Hope to see you there!

## CONGREGATION INVITED TO WEDDING CEREMONY

Connie Spear and Dave Vielmetti (for now—you have to come to the wedding to see what their names are becoming!) are inviting the congregation to their wedding ceremony at EPC on Saturday, October 7, at 3pm. Many prayers for joy and happiness for Dave and Connie!

## PASTOR JULIE BACK

Pastor Julie is back from her meditation retreat at Snowmass, Colorado, where she was surrounded by snowy peaks. She made it through the snow but

sprained her ankle meditating!! Always remember: Spirituality is a full-contact activity. Thank you, as always, to everyone who helped with the office and worship while we were gone.

### **BACK WOODS EAGLE SCOUT PROJECT**

The workday with our Eagle Scout, Kieran Ketelsen, is scheduled for Saturday, October 14, 9am-2pm, including lunch (with a rain date of October 28). Everyone is invited to help with the work or help serve lunch to the scouts and volunteers. The focus of this project will be: preparing the entry garden up by the new swing, building an entry arbor, and clearing brush and buckthorn (of course!)

### **PASTOR APPRECIATION & 10-YEAR ANNIVERSARY CELEBRATION**

"Sunday Oct. 15 will be a 10 Year Anniversary Celebration of Pastors Julie and Phil as our spiritual leaders! Come for a meaningful worship gathering of reflecting on the past, present, and future of our journeys together. Please bring an expression of gratitude for our pastors: the written questions handed out this past Sunday, or your own thank-you note; flowers, or your own artistic piece (drawing, painting, quilt art....). Following will be a potluck-- and since we're being thankful, why not bring a Thanks-giving inspired dish or two? Mmmm.... pumpkin pie.... :) Questions or ideas? connect with Angelie, [angelieryah@gmail.com](mailto:angelieryah@gmail.com) "

### **PRAYERS**

- For Connie and Dave as they prepare for their quickly approaching wedding. May God give them peace of mind and connection to each other in the midst of the details and excitement.
- For gratitude that a recent roof leak at church is turning into a several-hundred dollar problem instead of a several-thousand dollar problem!
- For everyone affected by violence, including all those connected to the shooting in Las Vegas.
- For Office Manager Lois, who has had a bunch of medical issues emerge over the past few weeks. Lois is in the office and working, but we continue to pray for healing and comfort and wisdom for her.

Peace to you all today! Pastor Phil