

# Edgcumbe Presbyterian Church

*Midweek Update – February 6, 2019*

## PASTORAL CARE AT EPC

Thank you to everyone who participated in the Annual Meeting this past Sunday. Especially fruitful, I thought, were the conversations around the “hope, energy, and vitality” of our current congregation and the “most significant obstacles” to our ministry. We came up with really juicy lists in both of those categories that will provide inspiration for our communication and visioning with each other in the coming weeks and months.

One question that came up on Sunday was the availability of pastoral counseling with me and Pastor Julie. It is true that our office hours have decreased over the past several years, so this seems like a good time for some clarification.

Pastor Julie and I are available at a variety of times to meet with you, and we both enjoy conversations with anyone from Edgcumbe Church. Julie is generally in the office on Tuesday afternoons, and I am usually here both Tuesdays after 10am and Wednesdays after 11am, until 3pm or 4pm. Feel free to stop in any of those times. If you have something specific to talk to us about, the best idea is to set up a time to meet. We could meet at church, at a coffee shop, at your residence. We can also have a phone conversation, if that is what works best. You are welcome to contact either me or Julie, or request the presence of both of us.

What do people talk to their pastors’ about? Romans 12 says, “Rejoice with those who rejoice, and weep with those who weep.” It could be helpful to talk about places in your life where new life or purpose is emerging, or places in life where you feel stuck or caught in grief or confusion or pain. Marriage, parenting, death, career exploration, mid-life crises, addiction, or a big decision are all good topics. Faith questions or exploration is especially appropriate—questions like: How do I learn to trust? What do I do with all my anxiety? What do we believe about Hell? Why am I so angry with God? When I pray, why don’t I ever seem to get an answer? No question or wondering is out of bounds. We are also available to talk about your relationship with church or with other members of this congregation.

If you want to work specifically with the insights of the Enneagram, I am your guy. For most relational or spiritual matters, either one of us would be happy to meet with you. The best way to set up an appointment is through our email, listed below. We really do enjoy time with the individuals or couples of EPC, so if

you do feel a nudge from the Holy Spirit to contact one or both of us, please do not hesitate to do so. Peace to you, Pastor Phil

Pastor Julie = [pastorjuliegg@gmail.com](mailto:pastorjuliegg@gmail.com)

Pastor Phil = [pastorphilgg@gmail.com](mailto:pastorphilgg@gmail.com)

### **CHURCH DIRECTORIES**

A printed church directory will be available and labeled for every household this Sunday in the narthex. If you want more than one copy, OR if you want a digital PDF version emailed to you, please contact Krysta in the office ([office@epchurch.org](mailto:office@epchurch.org) or 651-698-8220).

### **SACRED ENNEAGRAM WORKSHOP**

From Phil: Besides my work teaching the Enneagram at Shakopee Prison, I am also on the board of the MN International Enneagram Association. On March 9, the MN-IEA is sponsoring an excellent workshop that would be inspiring for both Enneagram veterans and anyone brand new to the Enneagram. The basic details are below, and I highly recommend your participation. To see more about the workshop and to register, go to <https://mn-iea.org/workshop-2/>

#### **MN-IEA SPRING WORKSHOP: CHRIS HEUERTZ PRESENTS THE SACRED ENNEAGRAM**

March 9, 2019

9:30am – 5pm, 9am check-in

Wayzata Community Church

125 Wayzata Blvd, Wayzata, MN

Cost: \$125, includes lunch and a copy of Chris' book, *The Sacred*

*Enneagram*

Based on the nine classic archetypes of human character structure, the Enneagram exposes the nine ways we lie to ourselves about who we think we are, illustrates the nine ways we get lost, and reveals nine ways we find our way home. Join author and speaker, Chris Heuertz, as we explore together the dynamic possibilities of understanding and using the Enneagram.

### **FEBRUARY BIRTHDAYS**

Happy Birthday to Sherla Mayer – February 7