

Edgcumbe Presbyterian Church

Midweek Update

February 19, 2020

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PASTOR JULIE WISDOM

Pastor Julie, in case you haven't noticed, is both very wise and very repetitive, both of which are helpful qualities for those of us who are stubborn.

Here are some of Julie's common sayings, with commentary/translation from Pastor Phil.

"Holy Spirit, you show me the way." Imagine for a moment letting the Wisdom and Love and Voice of God make every decision for you, showing you the way toward perfect peace and connection without fail. To quote Jay, "How cool is that!?"

"I am willing to change," or relatedly, **"I can change how I think, how I believe, and how I act."** Here's a challenge: walk around for one day saying either one or both of these quotes to yourself. Then try to not be changed.

"Life supports me in every possible way." This is especially helpful to say to yourself when you tell yourself that things are not going well. Like right now as I listen to water dripping in the five buckets in the church office. This is a sure-fire way to move from a scarcity mindset to an abundance mindset.

"Have I mentioned recently how much I appreciate you?" Many of us make the mistake of taking each other for granted—the mistake of assuming that the other person knows about our gratitude and appreciation and love. Julie almost never does. She says it. She over-says it. What a lovely gift.

WWJS = What Would Julie Say?

COMING UP...

- **Scripture Text** for Sunday, Feb. 23: Matthew 17:1-9 (the Transfiguration)
- Bible Study, Feb. 23, at 6:30pm in the sanctuary
- Contemplative Prayer each Tuesday in the sanctuary at 3pm.
- Tuesday, Feb. 25, 6-9pm: Healthy Pastors/Healthy Congregations (see annc below)
- March 1: 1st Sunday of Lent with brunch and communion



TWO MISSION & GIVING OPPORTUNITIES

MARCH FOODSHARE DRIVE: The drive is on! Minnesota FoodShare is an annual campaign in March to help replenish supplies for Minnesota's food shelves. During the month of March, our local food shelf, Francis Basket Food Market, operated by Neighborhood House, records and reports its receipts by weighing the pounds of items donated and counting the dollars contributed. These totals are reported to the Minnesota FoodShare office to determine proportional allocations. All dollars and food donated to Francis Basket stay at Francis Basket. A donation of cash, food and toiletry items to our food drive goes directly to families in this neighborhood. Please give generously this month. Donations of non-perishable food can be placed on and around the food shelf in the Narthex, and cash donations can be made out to EPC with "food shelf" in the memo line and placed in the offering.

CHILDREN'S BOOKS FOR SOUTH AFRICA: A box is set up in the entry sunroom to collect used children's books for ages pre-school through 17 for shipment to South Africa this spring. There are currently few books or libraries in rural and suburban areas of that country. Class sizes are often over 50 with instruction using chalk boards and rote learning, and a single teacher per classroom. Books that are especially needed are used text books and instruction books in science, math, English, geology, geography, biographies, plant and animal life for pre-teens and teens. Also, classic stories and novels, beginning music and art that are culturally appropriate for African students are appreciated. Please help us show love and concern for our far-away neighbors in South Africa.

LESLIE SNOW RIDES

With her busted kneecap needing 4-8 weeks to heal, Leslie continues to need driving help to both worship on Sundays but also for some daytime appointments. If you can help Leslie with rides over the next weeks, please give her a call at 612-388-2526. Thank you!

HEALTHY PASTORS/HEALTHY CONGREGATIONS - FEBRUARY 25

We received word that EPC has been allowed to participate in a Board of Pensions PC(USA) program called Healthy Pastors, Healthy Congregations (<http://www.pensions.org/your-path-to-wholeness/healthy-pastors-healthy-congregations>). This program offers support to a pastor and congregational leadership together to work toward financial sustainability by providing financial education and consultations to both the pastor and congregational leaders. The on-site educational component is scheduled at EPC for this coming Tuesday, Feb. 25th, from 6p-9p, with a meal hosted by the Board of Pensions. Read about the program, and if you are interested in joining the evening program, you are most welcome!! Please contact Pastor Julie by TODAY, Feb 19th, if you would like to attend.