

# Edgcumbe Presbyterian Church

## *Midweek Update* *May 6, 2020*

*In this issue:* Presence, Member to Member Generosity, Online Art Show, Zoom Mtgs, Prayers, Scripture

### presence reflections...being a sheep 🐑

the lord is my shepherd, i lack nothing....  
(psalm 23)

last sunday, i noticed with you that the psalmist talks about god being the **shepherd**, which means, we are the **sheep** (bleeeeeet)! how is it going this week,

being a sheep?? are you letting yourself be guided and protected, or have you taken over the shepherd responsibilities for your life??

domestic animals know something about **presence**...actually, it is probably beyond knowing--it is simply **be-ing** presence. being cared for, being with another, being content.

when we orient to being a sheep, we enter into a life where *nothing is lacking*. i can just hear our egos now--sheep aren't power animals! they are not glamorous! perhaps not, but they have a simpler life...a life where needs are met.

here is my favorite prayer--i say it everyday...really, it is a prayer that comes from being a sheep...i invite you to share with me in this longing:

***holy spirit, in this holy moment, you be in charge,  
and i will follow you, trusting that your direction will lead to peace.***

### Member to Member Generosity List

*Have you run out of books to read? Do you need a mask? Do you need help shopping? At this time we would like to support each other in concrete ways. Are there items that you would be willing to share or services that you could provide to Edgcumbe members? If so, please send Meredith Holt ([tloht42@gmail.com](mailto:tloht42@gmail.com)) your wants and needs and she will post them on each Wed. Update.*

May 6 list:

- Ngoc Huyen Nguyen, Lorenz Fett's wife, is an accomplished seamstress with a sewing business. At this time, she is making and selling face masks. Her masks use a variety of fabrics, colors and patterns and are sewn with the highest thread



count available. One prototype has a pocket for a disposable filter, but she doesn't furnish the filter. (I have read that you can use coffee or furnace filters for this. This information is online.) The cloth masks are washable. Regular masks, without the filter pocket, are \$5.00; those with a pocket for a filter are \$8.00 and by special order only. Those wanting a mask should text her at 612-245-3517 between 9am and 6pm so they have an order and a time to pick it up.

## **Online Art Show at EPC**

We would like you to send a picture of what you are doing during this time that is helping you stay sane. It could be art, a loaf of bread, mask making, drawing, a helpful recipe, anything. Put your name with it and a title or brief explanation. You can think of this as "Soul Food for a Pandemic" or "Art Wins!"

Send your full sized photograph to Ron Eggert at [ireggert@gmail.com](mailto:ireggert@gmail.com)

**Suggestion for your artistic mental health from Carol S:** Feel free to use art supplies. Don't worry about "wasting materials." It is OK to make a mess. "Mucking" around can be very therapeutic. Glue sticks and scissors are my favorite tools.

## **Zoom Meetings for Everyone!**

We now have four Zoom meetings scheduled for our congregation for each week. All of these meetings are open to you and to everyone. They are:

- Sunday morning Worship at 10am
- Sunday evening Bible Study at 6:30pm
- Tuesday Centering Prayer at 3pm
- Wednesday evening Gathering at 7pm

The links for each of these meetings are on the church website at <http://www.epchurch.org/>

If you have any trouble getting on Zoom, please contact Pastor Phil or Elder Jay McGregor.

## **Prayers**

- For Dean & Anna Grussendorf on the death of Anna's sister, Dora, at age 67.
- For Kathy Pedersen and daughter Ann Schroeder as Kathy explores hospice care.
- For all those struggling or hurting during this pandemic.
- For grace and gratitude and forgiveness to fill our hearts every day.

## **Text for Sunday, May 10:**

### **Acts 7:55-60**

55 But Stephen, enabled by the Holy Spirit, stared into heaven and saw God's majesty and Jesus standing at God's right side. 56 He exclaimed, "Look! I can see heaven on display and the Human One standing at God's right side!" 57 At this, they shrieked and covered their ears. Together, they charged at

him, 58 threw him out of the city, and began to stone him. The witnesses placed their coats in the care of a young man named Saul. 59 As they battered him with stones, Stephen prayed, “Lord Jesus, accept my life!” 60 Falling to his knees, he shouted, “Lord, don’t hold this sin against them!” Then he died.