



Edgcumbe Presbyterian Church

Midweek Update – Oct 6, 2021

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What I Learned in the Woods

This past Sunday, most of our outdoor service was spent slowly wandering through our woodland area, using the invitation of our guest speaker, Mia Wintheiser, to keep all our senses open and look for "edges and spaces." I (Phil) spend a lot of time in those woods already, but I noticed several things anew during these moments of forest therapy.

- Working in the backwoods is very different from simply walking. Remembering to put down the task list and simply enjoy nature is a gift to my soul.

- Preparation matters. Taking time to focus on our senses of hearing, smell, taste, touch, and sight before the walk opened me up to a very different experience.
- How I view nature is so different from how I view myself. My first instincts with myself tend to be judgmental and demanding. With a tree or a cloud or a mushroom, I see only beauty and the perfection of what is.

*You shall go out with joy and be led back in peace.
The trees of the field will clap their hands! (Isaiah 55)*

Worship This Weekend

On Sunday Oct 10, Angelie Ryah will be in town and will both give a Moment for Mission during worship about her work in southern California, as well lead a presentation (with food!) after worship. From Angelie: *Hey friends, join me after worship for a newsy conversation on my border ministry and life. Despite the disconnections of this Covid era, there are beautiful ways people are coming together in San Diego-Tijuana to support migrant families. Enjoy some snacks and of course a few pictures. We'll wrap it up by 12 noon so you can get to that Sunday nap. ;)*

Backwoods Workday This Saturday

The company doing our big tree removal work this November is willing to haul away any branches in our woods that are put into piles for easy access. This is an opportunity that we don't want to miss that will save us years of work. We will gather this Saturday, Oct 9, from 1pm-3pm for a workday to haul branches. This is relatively light-duty work, so all are welcome to participate. Work gloves are recommended as well as loppers, if you have them. Drinks or snacks to share are always a great idea too!

Tables Still Missing

During the past year and a half, all four of our white plastic 4ft tables went missing. Two have since returned (we knew where those were, actually), but two are still out in the wild somewhere. If you happen to run into these tables in your garage or basement, please sneak them back to church sometime--thank you! Pastor Luna is hoping to use them in a couple of weeks.

October Mission

The Peace & Global Witness Offering enables the church to promote the peace of Christ by addressing systems of injustice in our own communities and across the world. This annual offering is allocated using the apportionment of 25% for local use. This year EPC has designated **A Mother's Love** organization to receive the local portion. 25% of the offering goes to the Presbytery of the Twin Cities and the Synod of Lakes and Prairies; and 50% to support work for peace and reconciliation being done by Presbyterians across the globe.

Clothing Exchange (for Pastor Luna's Birthday!)

as i prepare for my birthday this year (turning 55 on nov 5th! 🎉), i am grateful that we can have an adapted gathering for a clothing exchange. i missed you all last year, and all of the zany fun which happens when we release what no longer is needed and found into hands that love it!!

Please come to an
clothing exchange open house
saturday, october 23, 2021
12:30p-4:30p
in the garage of
1462 van buren avenue, st paul, mn 55104

for those of you new to this idea, it's about releasing the clothing, accessories, shoes, jewelry, etc that you are no longer wearing or wanting-- that you no longer love, and take home fun items other folks are releasing. find a new look. discover clothing that you'd never consider for yourself, and try out new things/colors/styles. play!!

fun! fun! fun! and free!!! 🧺 whatever is left over at the end i will give to joseph's coat.

even if you do not have any items to share---come anyway!! there will be plenty of clothing to look through!

clothing exchanges in a pandemic time:

if you have attended in the past, here are the updates for this year. i am asking for those who can, **please drop off your items to share the week before the exchange (oct 16-22) to my front porch of my house** at 1462 Van Buren Ave, St Paul, MN 55104. i will have items sorted and organized in my garage by the time of our gathering, and then you are welcome to drop in anytime during the times of the open house. the cdc does recommend face masks for gatherings, so please follow your intuition. i plan to have my garage doors open, to keep the area well ventilated. if the weather is nice, please stay longer and share a cup of tea in my backyard. you are also welcome to bring items on the day of the exchange, as well.

Prayers this Week

- For Leslie Snow and her extended family, upon the death of her family member, Andrew, whom she asked for prayer on Sunday. The young man was taken off life support yesterday, and plans are being made for a funeral in Nebraska.
- For Todd Barnes, who had a procedure yesterday which will allow him to begin dialysis after finding out that his kidneys are low functioning.
- For Naomi and Mel Houle, EPC members in Forest Lake. Mel is still recovering from having a kidney removed and will have a nodule on a lung removed tomorrow.