



Edgcumbe Presbyterian Church

Midweek Update February 23, 2022

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it comes down to god and forgiveness...

as a person who is an enneagram 4, my natural place to reside is to notice the complexities and various dynamics of the human story. i see the beauty in the unknownness of these human paths of ours. we have questions, there are redemptions, and there are opportunities to wake up from fear and be truly present within our lives. however, i am starting to suspect that our complex questions have—at their roots—2 components: god and forgiveness.

i remember a sponsor once telling me that whenever i was having an issue in my life, it was probably a god issue—meaning, i was orienting to an understanding of **god which was too small**. i was being invited to come to a place where i was willing to trust god with whatever was presenting in my life. i had to come to believe that god *could restore me* in the situation. recently, i re-read a super powerful idea:

the presence of fear is a sure sign that you are trusting in your own strength. (acim, w 48)

these days, when i am unsettled (read disturbed, irritated, reactive, etc), now i realize my opportunity is to **practice forgiveness**. using a new understanding of forgiveness, i practice now by bringing whatever has caused the disruption or reaction to the holy spirit. i ask for the holy spirit's purpose for healing to be done *through the experience*. i practice forgiveness when i ask the holy spirit to *change my perspective*, asking for it to be anchored to god's loving presence and the purpose of god's healing action.

as we continue to be shaped by our belonging to this body of Christ, may we find ourselves



more deeply tethered to God's absolute love, and live lives practicing forgiveness.
blessed be!! pastor luna

Worship Schedule for February

Here is the worship schedule for the remainder of February:

- February 27 - in person in the sanctuary, live-streamed on Zoom
- February 27 at 3:30pm - memorial service for Dave Roush in the sanctuary. If you want to attend on Zoom, the link

is: <https://us02web.zoom.us/j/89301892030?pwd=SHlaNnp6SDJ3OFJtU010K1JSK3g1dz09>

RJAM - Land Acknowledgment Discernment Process

One of the conversations emerging from EPC's RJAM gatherings is a continued look and discernment into Land Acknowledgement. Leslie Snow and Pastor Luna would like to gather with those people who are interested in being a part of the team who would be furthering these conversations. Please contact Leslie or Luna to know of your interest.

February Mission: NAMI



Our February mission focus and donation will support the Twin Cities chapter of NAMI. NAMI {National Alliance on Mental Illness}, is the nation's largest grassroots mental health organization dedicated to support for the millions of Americans affected by mental illness. To view an introductory video about NAMI's work, click [HERE](#).

NAMI's mission is to provide advocacy, education, resources, and public awareness so that all individuals and families affected by mental illness can build better lives. The local chapters also provide legal assistance, housing assistance, triage for psychiatric providers, counseling and special services for youth. Offices are located around the state and locally at 1919 University Avenue in St. Paul. Please consider a donation this month to this worthwhile organization, as we celebrate a month of love and valentines.

[pastor luna's pilgrimage to iona](#)



as i prepare for my pilgrimage to iona, my time will be composed of 2 different experiences. first, i will spending a week with the [iona community](#), helping them during their work week, doing chores to help prepare the center for upcoming guests and programs. i have lived in intentional christian communities in my life, and they have been powerful learning opportunities for me. i am looking forward to living and working with the folk in the iona community as they embody their christian faith. the second part of my time in iona will be a spiritual journey program offered through spiritual directors international (an organization which i belong to). more information about this experience can be found [here](#). i am looking forward to integrating these experiences into my life and ministry! let's see what the holy spirit has in store



for me!

March Birthdays

Happy Birthday to:

Chloe Clary	3/4
Connie Howe-Vielmetti	3/4
Dave Howe-Vielmetti	3/11
Lydia GebbenGreen	3/15
Cora Fett	3/24
Todd Barnes	3/24
Jenya Trubnikava	3/26
Watson Fearing	3/27
Dave Mayer	3/27
Christopher Powell	3/28
McKenna Reedquist	3/29
Naomi Houle	3/30