

# Presbyterian Church

# Edgcumbe Presbyterian

## Midweek Update

## May 11, 2022

In this issue: Psalm 23, Worship on Zoom this Sunday, Workday Saturday, Todd & Lewiee Book Release, Contact Info Update, Scotland Conversations Gratitude, Prayer Updates

### Surely Goodness and Mercy

This is one of those weeks when I can't improve in any way on the ancient words of the psalmist. Let us find rest and restoration for our souls in the 23rd Psalm.

The Lord is my shepherd.  
I lack nothing.  
He lets me rest in grassy meadows;  
he leads me to restful waters; he restores my soul.  
He guides me in proper paths  
for the sake of his good name.

Even when I walk through the darkest valley,  
I fear no danger because you are with me.  
Your rod and your staff—they protect me.

You set a table for me right in front of my enemies.  
You bathe my head in oil;  
my cup is so full it spills over!  
Yes, goodness and faithful love  
will pursue me all the days of my life,  
and I will live in the Lord's house

as long as I live.

There are so many gorgeous settings of this Psalm to music. My favorite is by Bobby McFerrin. Here is a link to a [youtube video](#) of that song.

## Worship Coming Up

- This Sunday, May 15 - Everyone on **Zoom!** No worship in the sanctuary.
- If the weather continues to improve, we will hope to schedule our first outdoor service by the end of this month! Stay posted.

## May Mission - Workday This Saturday

Mission/workdays planned - The mission group has identified our backwoods as the mission focus for May. We are planning two work days, May 14th and 28th. We will meet at 1:00 p.m. and do projects until around 4:00. Feel free to come anytime during that time period to help out. This Saturday, our main job will be spreading woodchips on the pathway, so we could use extra **shovels** and **wheelbarrows** and a few **bow rakes**.

There are other needs in the backwoods that require funding. We hope to purchase and plant more trees to replace the many we lost last fall. If you're in a position to help financially, it would be appreciated greatly!

-Lisa and the mission team

## Todd Barnes and Lewiee Blaze book now available on Amazon!

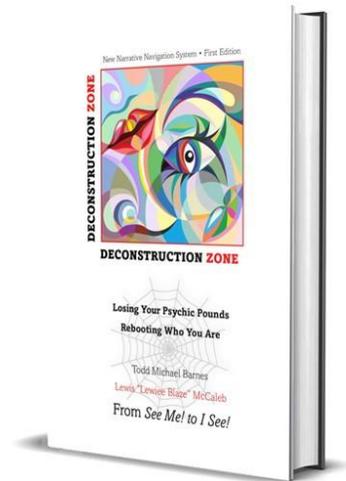
From Todd & Lewiee: We are pleased to announce our book is available and ready for purchase. You can now order a hard copy of Deconstruction Zone: Losing Your Psychic Pounds

- Rebooting Who You Are.



*"I really appreciate the core message of the book and the format that allows the reader to reflect on how the message of each chapter can be applied to their lives. My take-a-ways were that of hope, accountability, and discernment."*

**-Tru Pettigrew,  
Chief Diversity and  
Inclusion Officer,  
Minnesota  
Timberwolves and  
Lynx**



**Now available on  
amazon**

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Here's the link on Amazon: [Deconstruction Zone: Losing Your Psychic Pounds - Rebooting Who You Are.](#)

## Continue to receive the Midweek Email and Directory Updates:

**WEDNESDAY UPDATE:** Do you have a new email address? Would you like to be removed from this list? Or maybe add someone to this email list? Please contact Office Manager Krysta with any changes at [epchurch2149@gmail.com](mailto:epchurch2149@gmail.com).

**CHURCH DIRECTORY:** Any changes or updates to any of your contact information (name, address, phone, or email)? Again, please contact Krysta so that we can keep our directory up-to-date and print out new copies for everyone soon. Thank you!



## scotland conversations – so much gratitude!!

what a gift it has been for me to share my photos, reflections and songs from my scotland pilgrimage with folk in the epc community!! a ginormous thank you to those who came to the evenings and are now an integral part of my pilgrimage of returning.... watch for more scotland



songs in sunday's zoom worship!!

## Prayer Updates

this past sunday, we shared prayer requests amongst us during our prayer of honesty. because our midweek email can be accessed via our website, i want to exercise a bit more anonymity than what we shared with each other... but also invite you to hold the prayers that we lifted up throughout this week. we prayed for our children and grandchildren; we prayed for surgical and stroke recoveries; we heard prayers for upcoming procedures and discernment for housing; we prayed for peace and lessening resentments both here and globally; and we prayed for all of the young people of st paul, including the gentlemen who we saw on video kick out our windows of our education building. we pray to KNOW that christ is risen, and we pray to SEE him everywhere.

our midweek email is also a place where we can post prayer requests that you have and want to share with the community. if you have a specific request you would like published in the midweek, please notify a pastor or an elder by tues mornings.

prayer requests for this week:

- from pastor luna: please hold **my mom, glorian**, and **my family** in prayer as she has been re-admitted into hospice.
- prayers for **joan fearning**, wife of **watson fearning**, who has been ill for many weeks, and as they continue medical appts to support her.

Attachments area

Preview YouTube video Psalm 23 - Bobby McFerrin

