

**LOVE**  
IS PATIENT & KIND  
DOES NOT ENVY BOAST  
IT IS NOT PROUD  
IT DOES NOT DISHONOR OTHERS  
**IT IS SELF-SEEKING**  
**NOT** EASILY ANGERED  
KEEPS NO RECORD OF WRONGS  
LOVE DOES NOT DELIGHT IN EVIL  
BUT REJOICES WITH THE TRUTH  
ALWAYS **PROTECTS**  
TRUSTS HOPES  
**LOVE NEVER FAILS**

## Edgcumbe

## Presbyterian Church

### Midweek Update

**August 24, 2022**

In this issue: Sunday Worship & Assignment, Rehoboth Luncheon, Sabbatical Schedule, State Fair help, Blessing of the Animals, Backwoods Work, Sabbatical Contact Info, August mission

### Worship Sunday, August 28th

Hello Church Family,

This is Elder Connie. We will be gathering on Sunday, August 28th at 10am in the sanctuary. This service will be the last that Anna Kendig Flores will be preaching. I have gotten so much out of doing this deep dive into 1 Corinthians 13. Briefly....

- I have taken more time to think about the messages that DON'T serve me (society's messages about what love is, the messages I got growing up in my family about love)
- I have explored the ways I get 'hooked' and reactive
- and I have looked at refraining from some habitual behaviors (ask me how THAT is going!)
- I can be gentle with myself as I am unlearning unhelpful patterns

My takeaway is that God can do for me what I am willing to surrender to Them. I can't do this work on my own. It is done in relationships and in community and with prayer and contemplation.

Todd Barnes will be taking charge of our music this Sunday- I am thrilled that he will share his amazing gift with us

### A Message from Anna for Sunday's Worship

In our ongoing journey with 1 Corinthians 13, we're each invited to *connect* with [one "spiritual practice of love" on this list](#), or consider *refraining* from [one un-loving behavior on this list](#).

Bring your reflections to our concluding engagement with this beautiful text this coming Sunday and we'll make them part of our Prayer of Honesty together.

|  |                      |                            |                                      |
|--|----------------------|----------------------------|--------------------------------------|
| <i>(Anti-Racist) Spiritual Practices of Love</i> |                      | Getting "hooked"           | Fear (controlled by)                 |
| Attention & Curiosity                            | Courage              | Intellectualization        | Distorted Attachment                 |
| Embodiment                                       | Right Speed          | Blinkered                  | Anxious Action                       |
| Compassionate Imagination                        | Joy                  | Reactivity/ <b>Rude</b>    | Reductive Thinking/ <b>Irritable</b> |
| Refraining                                       | Restor(y)ation       | Apathy                     | Possessiveness/ <b>Self-Seeking</b>  |
| Responsiveness                                   | Spiritual Boundaries | Perfectionism              | External Dependency                  |
| Humility   | Self-Stewardship     | Fragility/ <b>Boastful</b> | Zero-Sum attitudes/ <b>Jealousy</b>  |
| Resilience                                       | Co(i)nspiration      |                            |                                      |

## Rehoboth Luncheon Recap

A message from Lisa Holden about the Rehoboth luncheon that was held last Sunday.

After worship last Sunday, we enjoyed a luncheon with the members of the Rehoboth congregation. There were about 10 of us who stayed for the delicious meal. The Rehoboth families cooked traditional Ethiopian food for us, meat and veggie dishes, which we enjoyed with injera. We had some lovely conversations with them, and they said prayers of thanksgiving for having the EPC space to use for their worship, and having us as their sisters and brothers. The church was alive with beautiful children and adults. Our hearts and stomachs were full!

## Schedule for the Remainder of Phil & Luna' Sabbatical

**August 28** - *Indoor Worship* with Anna Kendig Flores - we continue exploring Love

**Sept 4th** - All who wish to are invited to visit *1st Presbyterian Church of South St Paul*. They are doing a *Blessing of the Animals*. The service is at 10:00am and is located at 535 20th Ave N, South St Paul, MN 55075 (see below for more information)

**Sept 11th** - Damian Leverett will offer Word as Worship in our *Sanctuary*

**Sept 18th** - *Outdoor Worship* with Forest Therapy led by Mia Wintheiser

**Sept 25th** - Our own Beloved Todd Barnes will lead service in the *sanctuary*

**Oct 2nd** - World Communion Sunday led by our own Beloved Ruth Anderson with possible potluck

**Oct 9th** - A visit by MN Drum Circle and Reflections by our Beloved Jay

**Oct 16th** - Visiting Pastor Phil Romine of Interfaith Action will be leading worship on *zoom*

**Oct 23rd** - Pastor Jody Houg of Humble Walk Lutheran Church will preach

**Oct 30th** - We will be worshipping and sharing our stories together as a Community.

## Hamline Church Dining Hall needs your help... At the Fair!:

A message from Heather Grantham...

The church I work with has this dining hall at the state fair (which is run on volunteer labor). We are celebrating our 125th year anniversary this year, and we are in need of more volunteers - you get a free fair ticket, free t-shirt, and free meal during shift!

It's pretty easy to volunteer. Please reach out to me if you have any questions at [heatherlygrantham@gmail.com](mailto:heatherlygrantham@gmail.com) thanks!

## **Hamline Church Dining Hall Is HERE!**

Hamline Church Dining Hall will be celebrating our 125th Anniversary during this year's Minnesota State Fair, which runs from August 25 through Labor Day. [Sign-up online to volunteer at the Dining Hall](#). We still have lots of slots to fill. Volunteering is a great fellowship opportunity as we offer up our radical hospitality to thousands of fairgoers, embodying our call to be Sanctuary for the City). Questions? Please contact Mary Bloom ([mary\\_j\\_bloom@yahoo.com](mailto:mary_j_bloom@yahoo.com)). Follow the Dining Hall Adventures on Facebook ([facebook.com/hamlinechurchdininghall](https://facebook.com/hamlinechurchdininghall)) and Instagram ([instagram.com/hamlinechurchdininghall/](https://instagram.com/hamlinechurchdininghall/))

## **Blessing of the Animals, Sunday, September 4**

We will be taking a field trip over to First Presbyterian Church in South St. Paul for an outdoor worship service at 10 am on their North lawn with a special focus on the animals in our lives. You are welcome to bring your pet with you and we will offer a blessing for our pets. Those who grieve the loss of a beloved pet are invited to bring a photograph or memento to hold. Bring a chair or blanket to sit on (chairs are available if you do not have one) and a leash or carrier for your pet. The address is 535 20<sup>th</sup> Ave. North, South St. Paul, 55075. Note from Eleta Pierce: We livestream all of our worship services and the recorded video is archived on our YouTube channel, so if you are unable to be here you can still participate. The YouTube channel is called FPC-SSP and here is the direct link: <https://www.youtube.com/channel/UCnYiwTE-tvoXmxRufVCP3QQ> You can either subscribe to the channel to receive a notification, or simply just click on the link that morning to access the livestream, or later to access the recorded video.

## **Backwoods Work**

Please consider taking time to work in the backwoods removing invasive buckthorn, burdock and garlic mustard. At this time we are also looking for someone to break down large branches located by the garbage area and then haul yard waste to the Midway Yard Waste Collection Site located at 1943 W Pierce Butler Route, St Paul, MN 55114

## **Pastors on Sabbatical**

Pastor Luna and Pastor Phil are on sabbatical until October 31. During these three months, they are taking off from church work 100%.

**Who should you contact for questions or spiritual support?** When you need support or something comes up that feels too much for the community, please reach out.

- The first call or email can always be to one of our Elders: Meredith, Jay, Connie, Ingrid, Rich, or Todd (for contact info, see the new directory)
- For questions about giving or finance, contact Office Manager Krysta or Treasurer Ron
- All midweek Update articles and info should go to Krysta ([epchurch2149@gmail.com](mailto:epchurch2149@gmail.com))
- Anything about the building or property or renters can go to Rich & Jay

- Worship ideas or questions should go to our sabbatical worship team listed in an article below
- Music input can go to Jenya
- We do have two pastors who are on call for us over these three months. The first is **Jamie Schultz** of Bryn Mawr Presbyterian Church in Minneapolis. She will also be moderating our Session meetings. Her email address is [pastor@brynmawrchurch.org](mailto:pastor@brynmawrchurch.org) and her cell number is 952-221-4270. The second person is our own Heather Grantham, whose info can be found in the new directory!

## August Mission - Highland Park High School library

Our mission contributions for the month of August will go to Highland Park High School for their library. Highland Park High School is right next door to the church and has about 1300 students in grades 9 -12. You can contribute to this mission for August by indicating "August Missions" on the memo line of your contribution check to EPC or by noting this in the Notes Box of any online contribution. We will also be collecting facial tissue boxes to be distributed to the teachers at the school in early September. Please drop off the tissue boxes on the table in the outer church office or clearly mark what they are for and leave in the Narthex.



Getting “hooked”  
Intellectualization  
Blinkered  
Reactivity/**Rude**  
Apathy  
Perfectionism  
Fragility/**Boastful**

Fear (controlled by)  
Distorted Attachment  
Anxious Action  
Reductive Thinking/**Irritable**  
Possessiveness/**Self-Seeking**  
External Dependency  
Zero-Sum attitudes/**Jealousy**