

Edgcumbe

Presbyterian Church

Midweek Update

December 18, 2024

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Upcoming Worship at Edgcumbe Church

- **Christmas Eve Candlelight Communion worship will be Tuesday, December 24th at 4pm.** Jenya and the entire music program have been rehearsing this past month, so it plans to be extraordinary as always! All are warmly welcome!! Music will start around 3:45pm, so come early to get a seat (this service actually fills up...).
- **Sunday, December 29 - Worship & Brunch.** Pastors Phil & Luna will be away, but the rest of us will gather around tables to eat and sing and fellowship together. Bring something to share or just your appetite!
- Saturday, January 4 at 1pm - **Memorial service for Barry Magnan**, husband of EPC member Warner Gunsell.

2026 Sabbatical: What Makes Your Heart Sing?



Sunday after worship we will begin exploring this question together as a proposal for our pastors' 2026 sabbatical starts to take shape. We are applying for a \$60,000 Lilly Foundation grant which is due March 15, 2025.

What makes this grant unique is that it asks our congregation this question as well as our pastors. It calls not only for a three-month time of renewal and rest for our pastors, but also for a simultaneous experience of spiritual renewal and learning for us.

Pastors Luna and Phil have identified "singing" and "nature" as two things that make their hearts sing. At Sunday's meeting they will share a list of some of their ideas for sabbatical using these themes. After their presentation, we will begin brainstorming ideas for our spiritual growth and learning at Edgcumbe during the sabbatical. Please join us in the parlor after worship this Sunday to become a part of this important process. -Elder LaGretta Lunde

sabbatical timeline...a time for discernment and prayer

as the sabbatical team engages the entire congregation during these days of discernment, i encourage you to keep this process in your prayers for the intention of spiritual renewal and rest. i also ask you to consider another aspect—there are questions to discern at the community level, but this is also an invitation to wonder about your own individual spiritual renewal and rest. you might have some clear ideas what that might mean already, but i encourage you to bring these questions into prayer, and to listen for the possibility that the holy spirit has some guidance for you as well!!
in prayer with you~ pastor luna

December Mission: Neighborhood House

Neighborhood House serves people from over 50 different cultural backgrounds with programs in youth programming for ages 10-18, tutoring, parent and early childhood education, and food and housing support. Here are some of the services offered at the family centers at Wellstone Center at 179 Robie St. and 1080 Montreal:

- Basic Needs (household items, hygiene kits, school supplies and diapers)
- Receive help applying for Medical Assistance or Social Security Income
- Receive a referral to My Very Own Bed or Bridging
- Open a College Bound Savings Account for a child born on or after 2020
- Check-in with a coach

One of the most important programs is Adult Education. Education provides adult learners with ongoing educational support and learning opportunities. This includes classes in citizenship, and English skills for adults. Through partnerships with we also offer career training programs in high-demand and IT. Neighborhood House works with all to improve employment potential, continue higher education, and improve the community — all significant steps on the path to a better future.



For December, Edgcumbe mission team asks for your support for this vital community service group. Please consider a gift to Neighborhood House this

month. You can contribute by putting “December Mission” in the memo box on Give Now, or on the memo line of your check.

Year-end Giving

Thank you for your generous giving to the work and ministry of Edgcumbe Church over the past year. Remember that for donations to be counted for the 2024 tax year, they need to be received in the church office on or before December 31, 2024. Donations can also be made through the church website by clicking on the GIVE NOW button in the upper left. Thank you!

Note Received from the Counselors at Highland Park Senior High

The Missions Team brought over facial tissues and gift cards from the money EPC raised in our August Mission Focus. We received a note back from HPSHS: “Thank you! Thank you for always supporting our students. We will put the gift cards to use for students and their families.” ~HP counselors and social workers Some individual counselors and social workers added:

We appreciate you! ~Emily K
Thank you so much! ~J
You're helping a lot of families. Thank you. ~Kenny Z
Thank you! We appreciate all that you do ~Carissa ☺
Thank you! ~Jevita B
Thank you ~Kim E
♥ thank u! ~Lora

KOMBUCHA!

Kombucha making class with Chelsea & James Witbrook

Friday Jan 17th, 7-8:30pm

Where: The Witbrook's Home in south Minneapolis

Do you like kombucha? Did you know it costs about \$3 to create 16 bottles of kombucha at home, compared to \$56 if you buy 16 bottles from the store?

Chelsea & James want to set you up for getting your own simple home brewing system up and running. The tutorial will include:

- A very brief lesson on fermentation, gut health, and why kombucha is great for your health (antioxidants, fights off bad bacteria, etc)
- demonstrations of how to care for the living scoby and create the tea
- demonstration on doing a "second fermentation," which is where flavors are added and creativity comes in!
- tips, tricks, Q&A
- Recipe/instructions to take home
- a live scoby sample to get started in your own kitchen!

What you need to acquire at home before the class:

- a [2 gallon, wide mouth glass jar](#), (it doesn't need a spout at the bottom)
- eight 16oz glass bottles with plastic lids (we collect them by buying kombucha in the store), or [four 32oz bottles like this](#). (Don't use mason jars or other jars with metal lids because your kombucha will taste metallic)

What you should bring to the class

- a quart-sized tupperware to transport your scoby home from the class.

RSVP [HERE](#). (We can accommodate up to 10 people)