

Edgcumbe

Presbyterian Church

June 4, 2025

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Pastors Away June 2-15, and worship plans

Pastors Luna and Phil will be away tending to different aspects of their ministries. Pastor Luna leaves for Scotland on May 29th, where



she will be traveling to Scotland to

have two weeks in the Iona Community attending two different workshops: hymn writing and on the life of St. Columba.

Pastor Phil will be in the Bay Area of California guiding an Enneagram Prison Project course in a jail in San Mateo county.

During these weeks, Session has been crafting community worship for Sundays June 8th and 15th. We are excited to offer these opportunities for the entire community.

Sunday June 8: All-Church Potluck Brunch, 10am

Hosted by Shelley Holden & Mark Wehde

2240 Ferris Lane, Roseville, MN 55113

Park in their driveway (not the neighbor's) or in the circle.

Please RSVP to Shelley at sjholden44@gmail.com

Bring your favorite brunch dish!

Chelsea Witbrook will lead a short reflection time.

Sunday, June 15, Backwoods Worship, 10am

Bring a chair or blanket to enjoy our beautiful Backwoods.

The service will be coordinated by Elder Jay McGregor.

Retreat Reflection

Hello Edgcumbe Family,

I wanted to reflect about Retreat. It seems to be the Year of Retreat for me. I went on a 10 day silent retreat in Albuquerque in April. I went on a 5 day silent retreat in May at a Zen Retreat Center (Hokyogi) and I am leaving in a few days to do a darkness retreat in a cave in the mountains of Oregon.

Why? Why am I doing this? Something is calling for sure. I believe that God desires us to fully let go of our stories of disconnection- Maybe I go on retreat so I am able to be quiet enough to fully take that in.

In New Mexico, the intention and invitation was to soften and receive. I had moments of deep pain and moments of transcendent love and I just sat in meditation and felt it all.

At Hokyogi, I seemed to be guided into new understandings of how much I am loved and also how much I hide and project my shadow onto others. I also reconnected with my silly goofy inner child! Again... sitting with the sublime, the uncomfortable and the love.

The Sky Cave will be different. I will be alone in a dark cave. I won't have a gong sounding for my meditation sits. I will have myself and the darkness. What will happen? I don't know. I know that I am called to go there and experience it. Maybe it is a call to fully love my Shadow. Maybe it is an invitation to let God in more fully. The darkness reminds me of a womb. I think that something is wanting to be born.

Much Love, Connie

June Mission: Kafika House

On Sunday, June 1st, Ron and Ingrid Eggert introduced our mission of the month, Kafika House in northern Tanzania. Ron spoke from his experience of 9 years serving as the physician at a Lutheran teaching hospital. Children in the region suffered in disproportionate numbers from cleft palate, club foot, hydrocephalus, and devastating burns from cooking fires. Volunteer surgeons came regularly to operate on up to 70 children in a 2-week period.

Then, after the surgeries, Ron and his colleagues were faced with the problem of what to do with children postoperatively. Most children came from single room homes with stick and mud walls and dirt floors – a non-hygienic environment for healing. Children were unable to leave the hospital until surgical wounds healed, but hospital beds were at a premium. A vision emerged and Kafika House (first known as Plaster House) was launched in 2008.

At Kafika House, children receive loving care until they are able to return home – for a week or up to several months. Prior to their surgeries, many of these children have been hidden away



due to their disabilities. Arriving at Kafika House marks the first time that they have unlimited nutritious food, playmates and peers, education, and the opportunity to truly embrace childhood.

Through our giving this June, we can provide more loving, transformational care to children in Tanzania. You can give online at Edgcumbe Presbyterian Church's website, or via check on Sunday.

Visit Kafika House website to learn more here: www.kafikahouse.org

Bowling!!

Hello EPC Family, we are finalizing our EPC Bowling Plans! We will be going to Concord Lanes and need to know which of these 3 dates works for you:

- Monday, June 23rd at 6pm
- Wed, July 9th at 6pm. or
- Monday, July 14th at 6pm

The cost is about \$10 a person. Please email Jane Tafel at tafeljane@gmail.com and let her know if any of these dates work AND which dates are not good for you.



PS... If you hate bowling but just want to come hang out and cheer the bowlers, please come to the event!

Thursday mornings in the Backwoods: Prayer and Stewardship

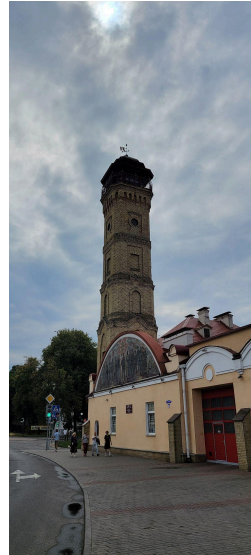


You are invited to a gather with us Thursday mornings in the Backwoods for meditation and stewardship. We gather at 6:30am in the circle of chairs for a 20 minute meditation sit. Then, we move into the backwoods to tend to the restoration of the native ecosystem by removing the invasive species and tending to the path and stations. Come at 6:30am for prayer, or join us at 7am for some loving attention and care given to the beautiful woods!! Questions: contact Mark Tafel at tafelmark@gmail.com.

If this does not fit into your schedule, know there are many ways to contribute to the stewardship of the backwoods...do you feel the nudge to contribute in some way?? Speak to Pastors Luna or Phil.

Note From Jenya:

Every summer my son Victor and I travel to my hometown Grodno in Belarus to see my parents and the extended family. We rent a cabin in the woods, hunt mushrooms, swim, take walks in the city, go to parks and the zoo, and just cook and spend time together. This is incredibly important to me and I appreciate being able to take this time off. We fly on June 17th and plan to be back on August 20th. Wishing everyone a great summer and looking forward to seeing you soon.



MORE JUNE BIRTHDAYS!

We have some additional June birthdays to celebrate!

Happy Birthday to

Emily Trudeau June 14

Ingrid Eggert June 24