

Edgcumbe

Presbyterian Church

May 13, 2026

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Coming Up

- **THIS Sunday, May 17:**
BACKWOODS WORSHIP. The weather forecast for this Sunday is now cooler and rainier than it was a couple of days ago—so we are holding out hope for an outdoor service, but we may well switch to indoors. Check your email on Sunday morning and be prepared either way.
- **May 18-31: PASTORS ON VACATION.** Luna and I will be taking two weeks off after this coming Sunday. We have guest preachers on Sundays, May 24 and 31, with no Bible Study on those same Sundays. If you have any spiritual or church needs, please contact Krysta Niznick in the church office at epchurch2149@gmail.com, or any of your Elders:

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|------------------------------|--|
| Clerk/Elder Ratchet Mattison | ratchetta@gmail.com |
| Elder Chelsea Witbrook | chelsea.witbrook@gmail.com |
| Elder Ingrid Eggert | ireggert@gmail.com |
| Elder Jay McGregor | jaymcgregor@me.com |
| Elder LaGretta Lunde | laglunde@gmail.com |
| Elder Dean Grussendorf | d_grussendorf@yahoo.com |

Good News at Moose Lake

In a few minutes, I (Phil) am heading north to facilitate the first Enneagram Prison Project class at MN Correctional Facility-Moose Lake (see photo at top). Although we don't sing hymns or read scripture or pray together in an EPP class, what I seek to embody inside myself at EPP and EPC are almost identical. Here are some foundational principles that I'm taking into prison today.

- *What if there is nothing wrong with me, or you, or anybody?*
- *Remembering who I really am—my Divine Spark—is essential for my healing.*
- *Love is the only real thing. Everything else is a story that I'm telling myself.*
- *Awareness and Acceptance are the keys to growth.*
- *What if there is something profoundly right and loveable about me today?*
- *We are all one.*

Do those sound familiar? I hope they do.

So, if you want to pray for me (and Susanne and Ashley) going into Moose Lake State Prison for the first time today, that would be great. Same for Luna who is in grand silence ("grand silence" means no talking at all, period; plus avoiding even eye contact!) for ten days in New Mexico right now. But maybe even better than prayers for us would be to spend some time in intentional

silence today. Allow the Holy Spirit to reshape your inner story. Use this prayer, if you like:

Holy Spirit, in this Holy moment, You be in charge, and we will follow You,
trusting that Your direction will lead us to peace! ♥

Or take some time to study the bulleted list above. Can I imagine my life so filled with trust that remembering my oneness with everybody and my own essential goodness comes as naturally to me as breathing. Let's take a deep breath together right now.

May Mission: Kafka House

In May we will be supporting Kafka House in Tanzania, a mission familiar to many of us at EPC. (As many of you know, Ron and Ingrid Eggert have a long history with this organization). We heard from Sarah Rejman, Founder of Kafka House, about the all-around healing work of this lovely mission and their hopes to expand around Tanzania. See the video below for more.

<https://www.youtube.com/watch?v=WMTI8O5mkKg>



New Member Exploration

We have several people interested in exploring membership at Edgumbe Church, so we will plan to have an exploration gathering in the next several weeks, either in person or maybe on Zoom! If you are interested in this conversation, please email Pastor Phil at pastorphilgg@gmail.com. We will plan to gather in mid June.

Celebrating Shiloh's Graduation!!

We celebrate Shiloh's High School graduation this year. You are invited to join him and his family as they gather to mark this accomplishment! Mark your calendars and join the celebration! Congratulations Shiloh!

CELEBRATE!



Grad Party 26

Join us in our celebration of Shiloh's Graduation on
Sat, June 13, 2026, 2p - 8p
6102 Kalen Drive, Woodbury MN 55129
Regrets only call/text at 612-964-2655.