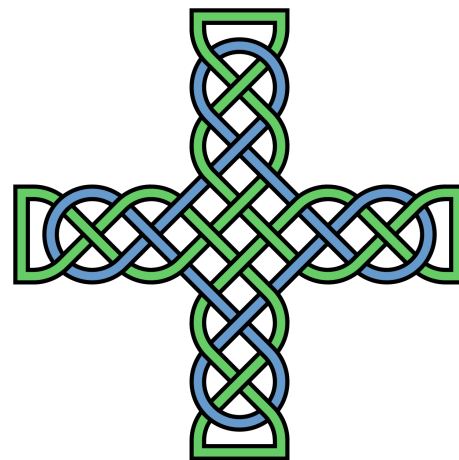


Edgcumbe

Presbyterian Church

June 24, 2026

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Outdoor Worship with Cherokee Park United Church This Sunday: Please Park in HPSHS Lot

We are gathering with our sister congregation, Cherokee Park United Church, this Sunday. As always, please bring a lawn chair or blanket, water, and if you desire, bug spray, and watch your email for any last minute weather updates. Also a reminder that we do not broadcast outdoor services on Zoom. We have two additional requests for this worship: 1) Park in the Edgcumbe lot if mobility or accessibility is at all a concern, otherwise **please park in the Highland Park Senior High School parking lot**, and 2) If you feel guided, please consider bringing a snack or treat to share after worship. We look forward to worshipping together with the CPUC and their pastor, Rev. Matthias Peterson-Brandt.

We First See in Others...

Many people are familiar with a particular psychological dynamic: what is hidden within our own unconsciousness gets projected onto other people. This often shows up in our lives as **what** we **react** to, or are very **judgmental** about in another person, is actually found within ourselves—but we are blind to it. This may be at the heart of Jesus' teaching:

⁴³ "You have heard that it was said, *You must love your neighbor* and hate your enemy. ⁴⁴ But I say to you, love your enemies and pray for those who harass you ⁴⁵ so that you will be acting as children of your Father who is in heaven. (Matt 5:43-45a)

We cannot see what we cannot see...so until we start noticing the ways that we are reactive and/or judgmental, we don't actually know what material is in our subconscious. This is why our enemy is so important to our healing and evolution. We first see these shadow sides of ourselves in others. This is also why we say at Edgcumbe: we cannot heal in isolation—we heal only in community. We need to bump up against each other in meaningful ways for our more prickly sides to start showing. And, once we notice our reactions and judgments, then we can *breathe*, and as The Wild Edge of Sorrow teaches, welcome them, hold them, and allow these experiences to metabolize through us. To **welcome** these experiences means that we do not resist or cover over what arises. **Holding** these experiences is subtle work—to allow the physical energetics of these reactions and emotions to express themselves, and to bring our breath, our presence and the Light of our Essence right to that place within us, and see what teaching this is bringing us. **Metabolizing** happens with these experiences is when we allow the energetic qualities to find their own natural completion, and while continuing to *breathe*, we allow this experience to integrate within us.

When we have moved through these first steps, then the next part of this **soul work** is bringing

these parts of our personalities to Holy Spirit for Her healing. Remember, God is the True Healer. We bring these reactions, judgments, resentments, hurts, situations, etc. to the Holy Spirit, and ask Her to repurpose these for God's Will of Healing and At*One*Ness. She is the One who will complete the God's healing's intentions for the world.

I still remember the writing class I was in when the instructor opened a new teaching about our shadow sides. She said that *what we admire and elevate in others* is also found in our unconscious. This feels particularly ripe for us in the Edgcumbe Community as Phil and I begin our Sabbatical time. Some folx have mentioned that they will miss certain qualities or dynamics Phil and I bring to the community while we are away. However, I want to **re-mind** you, that the specific qualities and traits you appreciate and value are 100% found within you, too. In fact, one of my hopes and dreams for the community during the Sabbatical time is for each of you to live into those particular qualities that you appreciate in your Pastors, and you would bring those very qualities into the community through your own gifts and presence.

So in these final weeks of preparation, I am asking you to spend time with Holy Spirit and ask Her, "How am I to be during the Sabbatical days? How do you want me to show up, Holy Spirit? Might there be a new dimension within myself to bring forward?" And then, listen....and follow Her guidance.

Holy Spirit, in this Holy moment, You be in charge,
And we will follow you, trusting that Your direction will lead us to peace!!

I hold these days in prayer with you, dear ones....and ask Holy Spirit to guide us all!! Holding you in joy!! Blessed Be!! Pastor Luna ☯

June Mission: Edgcumbe's Backwoods

In June we will be restoring and rejuvenating our beloved Backwoods, the three acres of forest adjacent to the church. Monies raised can be used for new chairs, for new trees, for tools and equipment, for signage upgrades, and emergency response.

Looking Ahead: Save the Date for September Mission Event

SAVE THE DATE! Edgcumbe Church at NAMI Walks

Saturday, September 26, 2026

9AM TO 12PM Minnehaha Falls Park, Minneapolis



Stay tuned for more info in this space over the next few months!

....And Information on the Year-Long Mission Project : Joseph's Coat

Have you ever wondered about the bin in the lobby as you come into church? The bin is used year-round to collect clothes for Joseph's Coat. Elder LaGretta Lunde



provides drop-off every week to the 7th Street site in St. Paul, and has done so for many years.

Joseph's Coat is one of Edgcumbe's ongoing missions. Joseph's Coat has been a free store providing goods to those in need within an environment of dignity and respect since 1989. They are located at 1107 West Seventh Street, Saint Paul, MN 55102. A person can shop at Joseph's Coat once per month on Mondays and Wednesdays from 9-3 by appointment only. Call 651-291-2472. Donations are also by appointment only on Tuesdays and Thursdays from 9-2:15.

The needs list changes by season. Please check their website for a complete list of needed items: www.josephscoatmn.org. At Edcumbe, we are focused on clothing donations such as:

- Clean, stain free summer clothing (less than 5 years old) for men, women and children.
- T-shirts, socks and underwear (without stains please) new or gently used.
- Outerwear appropriate for the season.
- Shoes and boots.

Thank You Elder LaGretta for your ongoing support from the Edgcumbe Mission Team!❤️

Karen Miller Visit

SAVE THE DATE. Faithful EPC Zoomer Karen Miller (of Oklahoma City) is now in St. Paul for a few weeks this summer. She was even in worship this past Sunday–yay! 🎉 So that she can get better acquainted with our EPC family, Jane and Mark Tafel will host an after-church lunch at their home on July 5th. Come to 1941 Ford Parkway #309. No need to bring anything, but it would be nice if you let us know you plan to come–email Jane at tafeljane@gmail.com.

Moose Lake EPP Update

The Enneagram Prison Project's first class at Moose Lake Prison is graduating twenty people this Thursday. We pray that this work will lead to transformational freedom for these twenty men and impact the whole prison.

July Birthdays and Anniversary



Happy Birthday to:

Mark Wehde	7/2
Ron Eggert	7/9
Jay McGregor	7/10
Lily LeClair	7/19
Rachel Swan	7/20
Dean Grusseendorf	7/23
Isaac GebbenGreen	7/28

Happy Anniversary to
Lisa Holden & Jay McGregor

7/17