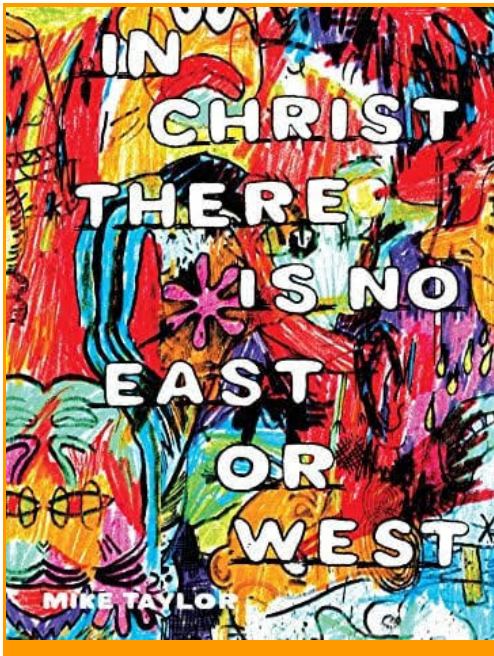




Edgcumbe

Presbyterian Church

Sept 2nd, 2026

In this issue: Reflection Hymn, Worship this Sunday, Community Meal, Artplayce update, NAMI walk, September mission Sabbatical Photos and submissions, Bible study, Prayers

A familiar hymn for midweek devotions today:

In Christ There Is No East or West

- 1 In Christ there is no east or west,
in him no south or north,
but one community of love
throughout the whole wide earth.
- 2 In Christ shall true hearts ev'rywhere
their high communion find;
his service is the golden cord
close binding human-kind.
- 3 Join hands, disciples of the faith,
whate'er your race may be.
All children of the living God
are surely kin to me.
- 4 In Christ now meet both east and west,
in him meet south and north;
all Christly souls are one in him
throughout the whole wide earth.

-from the daily devotions on the Luther Seminary website

Worship this Sunday -Sept 6th

This Sunday we welcome back Rev. Stephanie Friant who will be leading worship for us through October 4. We celebrate Holy Communion on Sunday.

Community Meal and Fellowship - Tuesday Sept 15 @5pm

EPC is invited to a Tuesday evening meal with local food justice organization Zion Community Commons! This is a casual opportunity to gather together for fellowship while also witnessing and supporting a good cause. Meet at Zion Community Commons (enter through back/side door) at 5pm, address is 1697 Lafond Ave, St Paul, MN 55104

Socialize 5:15-6/6:15

Gather a handful of free, organic groceries -- it's important to experience the bounty yourself and to feel what it's like to stand in line for free food. (Bring a reusable grocery bag)

Meals are handmade -- our group will stand in line to get a plate, so expect some down time to chit chat as folks return to circle tables with a plate full of healthy, fresh, home-cooked food.

Donations are not necessary! Some say it's best to come and receive first, but choose your own heart's giving adventure. They do need money, which can be donated by Venmo or through cash. The staff are 100% volunteers and all proceeds return to us, the community. They might also accept dish washing if you'd rather offer that. But again, receiving is foremost because it's critical that community members across the spectrum experience that abundance does exist and can continue to exist with community participation!

[Click here](#) if you'd like to learn more about this community service operation.

Artplayce update

The beautiful quilts have been taken down to continue their travels and be shown in other twin cities communities. Our next artist is our very own Michael Conroy. He will be hanging his art on Tuesday Sept 1st. Be ready for something new and exciting!

NAMI WALK - SAVE THE DATE: Saturday, SEPTEMBER 26, 2026

- Please watch this newsletter for info about carpooling from Edgumbe and shuttles. Mission and Belonging teams are working together for this event.
- Event Schedule: 9:00-noon
- 9am: Opening Remarks
- 9:30: Walk Begins
- 10am: Mental health resource fair, activities, DJ, and more!
- Noon: event ends

EDGCUMBE SEPTEMBER MISSION IS NAMI
(National Alliance on Mental Illness) Minnesota Chapter



Through education, support, and advocacy, NAMI Minnesota champions justice, dignity, and respect for all individuals and families affected by mental illnesses.

Here are some of the programs offered through NAMI Minnesota.

- Crisis Resources
- NAMI Minnesota Helpline
- Parent Warmline
- Advocacy Resources
- Legal Resources
- Youth Resources
- General Mental Health Resources
- Health and Medical Resources
- Perinatal Resources
- Education Resources
- Employment Resources
- Financial and Housing Resources
- LGBTQ+ Resources

One primary focus is education, including classes for employers, faith communities, suicide prevention, veterans and seniors, and LGBTQ+ communities. Education and public awareness play an integral role in NAMI Minnesota's mission to improve the lives of children and adults with mental illnesses and their families through changing public attitudes associated with mental illness. NAMI Minnesota offers over 30 different classes and provides vital information about mental illnesses, treatment, and resources through publications, presentations, and newsletters. Check out their website at namimn.org for a huge number of resources and community connections.

Please consider a mission donation during September. You can indicate "NAMI" or "September Mission" on the memo line with a check, or on the Give Now application from the <https://www.epchurch.org/> website.

Thanks for your support!

Collecting Photos of EPC Community during Sabbatical

Please take photos of yourself and the EPC community during this unique time of Sabbatical. James Witbrook will be collecting photos to compile a slideshow to share with our community and our pastors at the October retreat during a storytelling event. Photos can be of work in the backwoods, worship services, potlucks, or 1-on-1 hangouts with EPC friends outside of Sunday mornings. Please send your

photos to jameswitbrook@gmail.com with "EPC slideshow" in the subject line.

Submissions to this Update during Sabbatical

If you have an announcement or article for the midweek Update during the pastors' sabbatical, please submit it to Office Manager Krysta Niznick by Tuesday morning at epchurch2149@gmail.com.

Bible Study Continues

We'll continue bible study during Phil and Luna's absence. I will send out the texts early on Sundays or they are available here: <https://epchurch.org/lectionary-.pdf> . Access to the bible study Zoom is here: <https://epchurch.org/> . Hope to see you there at 6:30 PM every Sunday night.
-Ron Eggert

Prayers For...

Prayers of gratitude for each of our volunteer worship leaders and participants this summer. We thank God for the countless ways this sabbatical time has brought us closer together and deepened our faith.